



"THE BENEFITS OF THE PROGRAM HAVE BEEN REMARKABLE AND FANTASTIC."
LOMA – MOTHER OF THREE




START YOUR COURSE NOW 

triplep-parenting.net.au/tpol

PARENTING HELP

TRIPLE P – NOW ONLINE




START YOUR COURSE NOW 

triplep-parenting.net.au/tpol



A HAPPIER FAMILY LIFE STARTS NOW



"DOING A HIGH-QUALITY EVIDENCE-BASED PARENTING PROGRAM IS ONE OF THE BEST INVESTMENTS YOU CAN MAKE IN YOUR CHILD'S FUTURE"

DR MATT SANDERS

Professor of Clinical Psychology

MILLIONS OF PARENTS WORLDWIDE USE TRIPLE P. AND NOW, WITH TRIPLE P ONLINE, YOU CAN LOG IN TO YOUR PERSONAL PARENTING COURSE WHENEVER AND WHEREVER IT SUITS YOU. SIMPLE!

IS THIS YOU?

Raising kids can be tricky and you want to do the best for your child. You don't want to trust your parenting to Google but love the convenience of online help. If your child is between 2 and 12 years, Triple P Online could be perfect for you!

HOW DOES TRIPLE P ONLINE WORK?

The eight modules are a fun mix of videos, worksheets, tips and activities. They usually take about an hour each and you can also sign up for podcasts, emails and text reminders. You'll cover all our positive parenting strategies to set you up for hassle-free parenting.

WILL TRIPLE P WORK FOR ME?

Triple P is one of the few parenting programs in the world with evidence to show it works. More than 200 clinical trials and evaluation studies show Triple P can help families in many different situations.

TRIPLE P HELPS YOU:

- Raise happy children
- Manage kids' behaviour so everyone enjoys life more
- Set rules and routines everyone follows
- Get along well with your kids and argue less
- Feel more confident as a parent

FIND OUT MORE:
TRIPLEP-PARENTING.NET.AU/TPOL