

F A I T H

Faith Lutheran College, Redlands

Faith in Christ...prepared for life



23 January 2017

Dear Parents and Students

The Middle and Senior School Inter-House Swimming Carnival will be conducted during Week 3, on **Thursday, 9 February 2017** at the Cleveland Aquatic Centre. It is our goal as Middle and Senior Schools, to conduct a swimming carnival that will provide a strong competitive component whilst also including novelty events which develop House Spirit. We strongly encourage students to get involved on the day and be a part of the College Swimming Program.

Program

The program will commence at 8:00am for those students who have nominated for 100m events. These swimmers are required to be on the pool deck by 7:45am. This includes those swimmers who wish to gain qualifying times for the Bayside Districts or gain selection in the Faith Swim Team for these events. This 8:00am starting time will apply to a limited number of swimmers. These swimmers are required to be transported to the pool by their parents. The majority of students are required to be at the Aquatic Centre by 8:45am for a 9:00am start. The carnival will conclude by 3:00pm.

Following each block of stroke events, contested over 50m, we have scheduled a number of novelty events which will provide an opportunity for maximum participation from all students and staff. These novelty events are designed to allow participants the opportunity to be involved in water based activities, without the need to swim.

Transport

It would be appreciated if parents were able to arrange for their children to arrive at the pool prior to commencement of the carnival and also arrange transport home from the pool at the end of the day. We understand that some students will not be able to make their own way to and from the pool, and the College will provide a bus to cater for those students; however, seats are limited and should only be used if necessary. If your child requires transport to and from the College, please complete the online booking form via the link <https://faithredlands.wufoo.eu/forms/flcr-2017-ms-ss-interhouse-swimming-carnival/> by **Tuesday, 7 February 2017**. The bus will depart from the College upper car park at **8:20am sharp** and will return at approximately 3:10pm.

Uniform

Students are required to wear:

- **House shirt;**
- **College sports shorts;**
- **College sports cap; and**
- **Sports shoes and socks.**

Coloured hair, coloured zinc cream or any other items that may run and cause discolouration of the pool or the facilities are not permitted. Students are also reminded not to bring learning devices or any other expensive equipment that could be misplaced. Mobile phones are permitted, in accordance with College Policy, at your own risk.

Swimming Attire

Students may wear rashies, board shorts or other sun safe clothing for all events.

Attendance and Rolls

Pastoral Care teachers will be marking class rolls at 9:00am. Students are required to remain for the entire day. Any change to the regular College routine requires prior notification from the parents, directly to the student's Pastoral Care teacher.

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Absences

Student absences must be supported by a parent note, email (absent@faithlutheran.qld.edu.au) or by phoning the absentee line, as is usual procedure. College protocol for unexplained absences at a College event will be applied.

Parents/Supporters

Parents are encouraged to attend and sit in the area designated for families. We value parent support and welcome spectators to cheer for their House!

Canteen

The canteen is available on a House rotation throughout the day for all students and staff. Students are encouraged to bring a water bottle, lunch and snacks.

Sun Safety

Students should bring sunscreen to apply frequently throughout the day. The College will also supply sunscreen.

Student Drivers

To maintain the safety of our community, students are **not permitted** to drive to or from the pool unless they have been formally approved as student drivers through the Senior School office. Approved student drivers are required to abide by the conditions of approval and not provide transport for unapproved passengers.

Swim Training for Middle and Senior School

On Tuesday and Thursday mornings our Middle and Senior School students have the wonderful opportunity to be coached by Nick 'Pedro' Pedrazzini (Head Coach of Cleveland Aquatic Centre). The program offers professional coaching, emphasising stroke correction, further develop technique, swim fitness and a greater understanding of competitive racing. Sessions run from 6:30am – 7:30am. There is also the opportunity and option for Faith students to become members of the Redlands Swim Club and for our College Swimming Squad to compete at their evening Club Meets. If you require further information regarding this program we would invite you to make personal contact with myself Mr Ben Davies (email - ben.davies@fclr.qld.edu.au) or Mrs Peta Barnes (email – peta.barnes@fclr.qld.edu.au)


Swimming Season Events Calendar

Please note that dates for the upcoming Secondary swim meets for Faith Lutheran College, Redlands are as follows:

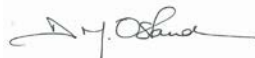
- Bayside District Swim Meet, Thursday, 16 February
- TAS Swimming Carnival, Tuesday, 21 March

All Carnival programs are full day carnivals and the College will be providing a bus to and from these events.

Yours faithfully



Ben Davies
Head of Sport (P-12)



Deb Osland
Head of Middle School



Darren Pope
Head of Senior School